CALL Online Four Week Session for Early Summer

May 12 – June 5 unless otherwise noted

Registration is $50, regardless of how many classes you register for. Watch keene.edu/call or your email for registration information later this week.

TUESDAYS, 12:30 – 2:30 (STARTS MAY 12)

Collage & Conversation in this Time of Covid-19 –Andrea Bredbeck
You need no previous art making experience to cut and to glue, to make marks and write words, to rip and attach; nor to recognize the precious human complexity revealed in the mixing of images, materials and text. You might be wondering how - if the social distancing recommendations are still in place when this class starts - you will have the materials you want in order to participate. Don’t worry. If you want to join, collage can be beautifully and powerfully constructed with things you already have on hand at home. How fascinating that during this time of global pandemic, when we have all experienced some form of social distancing, fear, possible engagement with the mortality of both ourselves and others, and the awareness that comes with an acute focus on illness, that conversation has generally become more honest and open. In this class we will attempt to flip the frame on our societal sanctioning of silence and isolation, and instead, craft, explore, and share (some of) our musings, thoughts, and stories. We will attempt to use the process of making collage as a tool for the visual articulation of things that are often challenging to speak. Sometimes when our hands are occupied and our eyes are busy, the conduit between our heart and our voice opens. You will need a place where you can make your work. Before our first Zoom meeting you will receive a letter from me with details about what to gather and how to prepare.

WEDNESDAYS 10:00 – 11:15 (STARTS MAY 13)

Travelogues for Virtual Travelers – Judy Brophy
Missing a trip you had planned or just want to think about traveling? Join our group and show your photos of one of your favorite trips. Week One I will share a
trip. The other weeks you are invited to share yours. Sharing photos on Zoom is easy and I will work with any volunteers in a practice session. In between we can share travel tips.

**THURSDAYS, 10:00 – 11:15 (STARTS MAY 14)**

Fun with Your IPhone/IPad – Judy Brophy
So many ways that your IPhone/IPad can help: scan a document to PDF, help with your hearing, video conference with your family and find the perfect online course or podcast to challenge your interest. We’ll “zoom” through the possibilities.

**FRIDAYS, 8:30 – 9:45 (STARTS MAY 15 UNLESS OTHERWISE NOTED)**

How Pandemics Shape Art- Kimberley Olmstead
This course will focus on the historical connection between art and pandemics, starting as early as the mid fourteenth century in Europe. We will then switch to contemporary art, and examine how artists have been responding to the current pandemic throughout the world.

Medical Ethics: Challenges of the Past, Present, and Future – Dr. Lou-Anne Beauregard
This course will briefly review the history of medical ethics in the United States, and consider the “Four Principles” approach as it relates to contemporary healthcare. The class will examine classic controversies such as the Karen Quinlan and Terry Schiavo cases as they relate to medical decision making. In addition, the rights and responsibilities of both patients and physicians will be considered in light of the rapid expansion of healthcare expenses, and the long-term prospect of healthcare rationing.

Survey of the History of Astronomy from 1700 to 1850 – Peter Mulhall (note this class will run from May 22 – June 12)
Isaac Newton laid the foundation for the new science of astrophysics. The law of gravity and the continual advancement in telescope technology lead to the discovery of the remaining planets, the asteroid belt, and the true nature of comets. One of the major accomplishments of planetary astronomy during this
period was the accurate measure of the distance to the Sun and therefore the dimensions of the solar system.

At the same time, the holy grail of stellar astronomy was to find the distance to a star. Astronomers could then begin to map the true brightness, not just the apparent brightness of the stars. This milestone was accomplished in the 1820s. More powerful telescopes opened up new areas of research such as the independent motion of stars and the nature of the mysterious things called nebula.

Finally, Newton’s analysis of the color spectrum of sunlight lead to the tool of spectroscopy which during this time allowed astronomers to begin to ascertain the motion and chemical composition of stars. This would lead to a new era in astronomy. Over four classes we will trace the high points of all these developments.

FRIDAYS, 10:00 – 11:15 (STARTS MAY 15)

Herman Melville: Short Works – Kathy Fleming
Although Melville’s reputation as one of the greatest American writers rests largely on his sprawling, ambitious masterwork, *Moby Dick*, his shorter works are as provocative, subversive, and rewarding in their own way as his challenging novel. In these stories, Melville forces us to confront our easy interpretations of reality, as he offers up for our consideration “strange and mysterious things that belong to other worlds beyond this tame and everyday place we live in” (*New Bedford Daily Mercury, June 4 1856*). We will consider works such as *Bartleby the Scrivener*, *Benito Cereno*, and *Billy Budd*. This course is being offered as a live class, but it will be recorded as well for those who can’t attend the live sessions.

Free Speech and Other Firsts– Meg Mott
The First Amendment is considered the Queen of the Bill of Rights, the progenitor of all our freedoms. Without the First Amendment, none of our other freedoms would hold. But the language of the Amendment is stated in the negative: “Congress shall make no law” that abridges such freedoms as religion, speech, the press, and the right to assemble and petition the government. If Congress cannot restrict fundamental freedoms, does that mean the various states can? Some states, such as Vermont, are considering criminalizing hate speech. Would that violate the First (and Fourteenth) Amendments? This four-part series considers
the political theory behind the First Amendment freedoms as well as relevant Supreme Court cases. This class will meet via Zoom. PowerPoint slides are available upon request. Recordings will be made available for a limited time.

**Plagues and Prejudice: From the Black Death to Coronavirus - Dale Rosenberg**

Bubonic plague, known as the Black Death, devastated Europe in the Middle Ages. It also was the stated reason for many massacres of Jews during that time. During the AIDS crisis, gay men and lesbians were targeted and blamed for the epidemic. Chinese Americans are suffering from increased bigotry during this current epidemic. Why do epidemics cause increase in prejudice? How are the targets of the prejudice chosen? How does it affect their communities? Is there any truth behind the group blaming, and if not what’s the real story of the spread of these plagues? How can we best combat prejudice based on misinformation? Join this brief lecture series to explore these questions.

**FRIDAYS, 12:30 – 1:45 (STARTS MAY 15)**

**Political Decay in Democracies – Terry Ortlieb**

This class is based on the premise that Democracy has won the battle of mindshare in the 21st century. However, democracies are not immune to decay. We will look at the forces that can and do weaken the democratic institutions and the democratic process. We will discuss possible initiatives that as citizens of a democracy we can initiate that can temper and reverse the decay processes.

We will be using the Fukuyama book, *Political Order and Political Decay* as a reference but it is my intention to use my summarized YouTube presentations and a 4-page handout, for those who don’t have the time or inclination to read the reference material but would like to participate in the classes.

This is not a DNC or RNC party platform class but rather a political philosophy class about democracy and decay.

**Religion in Pop Culture – Cindy Cheshire**

Even in a widely “secular” (or is it?) culture like modern America, religion has impacted film, music, literature, theatre, television, fashion, and fandoms—in short, popular culture as a whole. From the Zoroastrian influences in many of Queen’s greatest hits, to Beyonce’s Hindu and Catholic-tinged performance at the
2017 Grammys, to the “Oriental Monk” archetype of Mr. Miyagi in “The Karate Kid”, and the religiously multivalent Superman franchise, religious themes and iconography are often repackaged and represented to the masses via popular culture. But for what purpose?

Arm Chair Adventures: Readings of three English novelists who spanned the Nineteenth and Twentieth Centuries – Javed Chaudhri
Rudyard Kipling’s *The Man Who Would Be King*, Joseph Conrad’s *Lord Jim*; and E.M. Forster’s *A Passage to India*, were three great novels set in exotic and strange situations which became very popular and remain important milestones in the development of the English Novel.

In the four-week mini-session we shall read the novels in the order I have written them down and discuss them in a format yet to be agreed. The most important aspect of this short course is that it is a return to the habit of thoughtful reading which was an important, pleasant and civilized habit of the past two centuries.

The three books are all available online and sometimes in bookstores.

**FRIDAYS, 1:00 – 2:30 (STARTS MAY 15)**

Writing About the Body – Brenda Beardsley
How does illness or disability inform our writing? In this class, we will study authors who write about body and illness such as Sontag, Bauby and Kalanithi. Participants will generate writing about the body and/or illness each week. Please note, participants will receive a writing assignment by Monday at 5 pm. During Friday's class participants will share and respond to each other's writing in a safe, supportive Zoom workshop. Maximum 12, minimum 6.

**FRIDAYS, 2:00 – 4:00 (STARTS MAY 15 - NOTE: THIS IS A TWO-HOUR CLASS.)**

Beginning of Bridge – Mary Philbin & Michael Landam
This Bridge Basics course will begin you on the path to playing better bridge. It covers the basics in the newest and most common bidding system: 5 card majors. We will discuss how to open and respond to the bidding, how to capture additional tricks, and the two major ways of scoring.

If you always wanted to learn, this will get you started. If you’ve been playing for years, this course will bring you up to date. If you sometimes aren’t sure how to
bid it right, this course will demystify the basic bidding principles and play. Each class will focus on one of the 4 typical bridge bids and an essential playing technique.

Learners will analyze and critique typical hands. Best practices for problem-solving will be discussed and illustrated.

ASYNCHRONOUS – TAKE THESE CLASSES AT A CONVENIENT TIME FOR YOU!

Frank Lloyd Wright and the Prairie School (1900-1914) – Ann McEntee
Frank Lloyd Wright and his midwestern colleagues transformed the design of the American home. Young and idealistic, these creative architects developed an aesthetic that emphasized the relationship between a building and the site on which it sits. In following Louis Sullivan’s fundamental design principle--“form follows function” --and using locally sourced, natural materials, they reshaped the vernacular architecture of the Midwest. Disregarding European design precedents, so popular during the late 1800s, the architects of the Prairie School, as they came to be known, created a unique style regional in character, based on traditional values of the era, and yet distinctly modern. This course will look briefly at the work of several members of the school including Wright, the preeminent “graduate,” and Walter Burley Griffin, Marion Mahony, Barry Byrne and William Drummond who went on to achieve successful careers.

Lighten Up 2 – Marcia Breckenridge
The joy of scheduling time to lighten up will continue with a second look at four people who have added smiles to our lives. Lighten Up 2 will focus on Jonathan Winters, Red Skelton, Betty White and Victor Borge. In each case we will look at their humor, quotes, videos of live performances, personal lives and wisdom and wit. Time to smile will be yours to schedule as you need a smile. All the material will be sent to you as an attachment so you schedule what time frame(s) work for you. Grab a cup of coffee, sit down and make time to enjoy the positive.

The Magic of Watercolors – Intermediate – Donna Cary
Donna Cary will be teaching this online watercolor class for those who have previously had some experience with watercolors. Each week she will forward you in advance a picture reference that she will be using in a Zoom demo. The demo will be prerecorded, and she will send you the link on Fridays. You'll be able to watch it whenever you wish and can start, stop, paint along, etc. The demos will
concentrate on techniques, the principles of art and element of design. **Materials:**
You can use whatever you normally use to paint, but 100% cotton artist grade paper is recommended. There will be a lesson where masking fluid is used, but you can decide whether or not to purchase if you don't already have it.

**Quantum Core Yoga – Robin Turnbaugh**
Quantum Core Yoga focuses on deep core, hip and upper body strength as well as rhythmic breathing, energetic dynamic flow, balancing poses, cleansing twists, and overall flexibility. Engagement of the abdominal as well as other key muscular groups helps provide power, strength and lightness of movement, both on the mat as well as in daily life. Quantum Core Yoga is a great way to safely strengthen the core, while calming and relaxing the mind at the same time.

The sequences are primarily at a Level 1 foundational practice but are not “gentle yoga.” This class is open to yogis of all levels, however, as variations and modifications are available for all to feel challenged without being pushed too far.

**INSTRUCTOR BIOGRAPHIES**

**Brenda Beardsley** writes frequently about disability, mental illness and caregiving. A graduate of the University of Vermont School of Nursing and member of Sigma Theta Tau (the National Honor Society of Nursing), she later earned her MFA in creative writing from Goddard College. Recent work appears in *The American Journal of Poetry, The Examined Life Journal* (University of Iowa, Carver College of Medicine), *Pentimento, wordgathering* and elsewhere. Beardsley was recently selected by Britton Shurley as the First-Place winner of the 2020 Martha's Vineyard Institute of Creative Writing award in poetry, and was also selected by Sherwin Bitsui, in 2018, as a finalist for Hunger Mountain’s Ruth Stone Poetry Prize. She serves as Editorial Director for Clockhouse.

**Lou-Anne Beauregard MD** practiced Clinical Cardiac Electrophysiology (the study of heart rhythm problems) for nearly thirty years. She was adjunct faculty at Rutgers Medical School from 1986-2018. In 2009, she completed a Masters in Bioethics and Health Policy, focusing on the dilemma of cardiopulmonary resuscitation when there is little potential benefit, in her capstone thesis. She has served as a coordinator of hospital ethics consultations and as a consultant, both at the hospital and privately. She was the Associate Editor for Bioethics for Pacing
and Clinical Electrophysiology prior to retiring and still serves as a reviewer for the Journal of Medical Ethics and the Annals of Internal Medicine.

**Marcia Breckenridge** earned her BA degree from Hanover College, where she had the opportunity to spend her junior year in Beirut, Lebanon. She earned a Master’s Degree at Fitchburg State and then enjoyed 30 years of teaching Advanced Placement English at Milford High School. She’s taught college level English at UNH and Franklin Pierce. In retirement, she enjoys time with her three grown sons and one rescue puppy, as well as gardening, reading, bridge playing, and travel.

**Andrea Bredbeck** (BA Counseling Psychology, MFA) has been a practicing artist, writer, educator, and clinical trauma specialist for over three decades. With a passion for exploring difficult questions, her life and her work has been informed by what she considers the critical question: What comes after a so-called wrecked life? Andrea currently (Fall, 2020) teaches two thinking and writing courses at Keene State College, offers courses (Collage, Writing, and Story) through the CALL program, works with her clients and their families (with a specialty in PTSD) engages with her art practice, raises birds, and is adjusting after a recent relocation to this area.

**Judy Brophy** has been translating technology into understandable English for over 40 years. She retired from Keene State in 2015 as an educational technologist. She currently teaches technology to seniors in area colleges and libraries. In the computer versus humans game she is rooting for the humans.

**Donna Cary** is a retired elementary education teacher who taught second, fourth, and fifth grades during her career in the Fall Mountain, Monadnock, and Keene school districts. She is mainly self-taught in watercolors but attends workshops whenever possible to gain more knowledge. She teaches watercolors in her home studio, as well as at CALL. Donna has work hanging at Vermont Artisans Gallery in Brattleboro, Vermont, and also sells online and at art shows.

**Cindy Cheshire** is the Director and Campus Minister at the Newman Center in Keene, which provides Catholic Campus Ministry to all area college-age students. With an interdenominational background, ministry experience, and academic study, Cindy’s work walks freely across the usual lines of Biblical study and religious experience. Her educational background includes studies at North Park University, the Boston College School of Theology and Ministry, and the University
of Oxford (Christ Church College). She is currently a PhD candidate at the University of Aberdeen in Scotland.

**Kathleen Fleming**, a freelance writer and teacher, began her career in writing as a journalist for Gannett Newspapers in White Plains, NY, before going on to teach literature and writing at Western Connecticut State University in Danbury, CT, and Dutchess Community College in Poughkeepsie, NY. As an adjunct instructor, she taught a wide variety of literature courses, ranging from introductory genre studies to in-depth examinations of American and postcolonial literature. Most recently, her essay entitled “Isabella Rossellini: The Shocking “Real” in Blue Velvet,” was published in *The Women of David Lynch: A Collection of Essays.*

**Ann McEntee** holds degrees in Literature from the University of Texas, Austin and the University of California, Berkeley. She earned her doctorate in Theatre Arts from the University of California, Los Angeles. After working twelve years in higher education as a Communications and Theatre professor at Illinois College, Allegheny College, and Castleton State College, she decided to pursue her long-standing avocation of landscape design and history. While living in Santa Fe, New Mexico she earned a Masters of Landscape Architecture from the University of New Mexico, Albuquerque. She also found the time to earn her certification as an Advanced Master Gardener. The former lead gardener at the Cathedral of the Pines, she works as a garden design consultant and presents garden talks to area townships and organizations. She has taught landscape history and garden courses for the CALL program since 2014.

**Meg Mott** ([www.megmott.com](http://www.megmott.com)) After twenty years of teaching political theory and constitutional law to Marlboro College undergraduates, Meg has taken her love of argument to the general public. Her award-winning series *Debating Our Rights* on the first ten amendments brings civil discussions on contentious issues to public libraries and colleges.

**Peter Mulhall** is a retired high school physics teacher and adjunct college lecturer in mathematics and computer science.

**Terry Ortlieb** is a retired entrepreneur who sold his technology consulting company to Oracle. His formal education was in Philosophy and he has maintained a strong interest in Political Philosophy and the Philosophy of science and history. He believes that along with himself all the Sapiens that attend this course will find this topic exciting and fun.
Dale Rosenberg is a Jewish educator working in Keene and in Worcester, MA. She teaches across the lifespan, working as principal of a religious school in Worcester and as a teacher and curriculum developer at Congregation Ahavas Achim in Keene, as well as teaching at CALL and as an adjunct in the Cohen Center for Holocaust and Genocide Studies. Dale has an undergraduate degree from McGill University in Quantitative Psychology and three master’s degrees: one from SUNY Albany (Information Science) and two from Hebrew College (Jewish Studies and Jewish Education). Dale lives in Keene with her wife, Rabbi Amy Loewenthal.

Yoga has been an integral part of Robin Turnbaugh’s life for the past 46 years. Throughout that time, she maintained a regular personal practice - while raising children, teaching and performing as a musician for many years, and during a hectic 17-year career at IBM. The benefits of yoga – stress relief, healing, and spiritual connection – enabled Robin to have a healthy lifestyle and live life to the fullest, doing the things she loves - travelling, gardening, running, piloting her own aircraft! While travelling in Sri Lanka she was introduced to the Quantum Yoga method (www.quantumyoga.com), and was immediately drawn to its focus on inner listening and personalization. Robin believes that yoga can aid anyone at any age or level of ability who seeks greater health, wellbeing and peace in their daily lives. It is a way of life that she seeks to share with others.